



Figure 4a: Updated Colorado Essential Skills (as of August 2021) by SWEAP-related skill (Audience: principals, curriculum facilitators, team leads, organizational program managers)

Colorado Essential Skills by SWEAP-Related Skill:  
**Community Discourse**

Colorado Essential Skill Category: Communicator

Communicates experiences, ideas, information, and feelings effectively through verbal and non-verbal language, media, art, and data, as well as listening to others’ experiences, ideas, and feelings. Communicators use literacy, numeracy, and computational thinking skills to interpret and create new understanding from spoken language and writing, and from a wide variety of visual representations and media.

RELEVANT COLORADO ESSENTIAL SKILL	Communicator
Interpersonal Communication	The ability to establish and maintain healthy and supportive relationships, including: the capacity to communicate clearly by successfully conveying information and feelings, listening actively, setting boundaries, negotiating conflict constructively, and seeking or offering support and help when needed.
Media Literacy	The ability to access, analyze, evaluate, create, and act through the various forms of media, including: the ability to analyze the reliability of information, claims, and sources presented in the various forms of media.
Digital Literacy	The ability to learn, access, and evaluate information through digital platforms and networks using digital devices, including: the practice of digital citizenship and the prevention of cyberbullying, norms of appropriate, and responsible behavior and discourse.
Data Literacy	The ability to identify, collect, evaluate, analyze, interpret, present, and protect data.



Colorado Essential Skills by SWEAP-Related Skill:  
**Community Discourse (Continued)**

Colorado Essential Skill Category: Community Member

Demonstrates concern for the welfare of others, for cultural resources, and for the natural world. Community members are respectful and inclusive, consider multiple perspectives, and honor others regardless of differences.

RELEVANT COLORADO ESSENTIAL SKILL	Community Member
Social Awareness	The ability to understand the perspectives of, empathize with, feel compassion for, and recognize strengths in others, including those from diverse backgrounds, cultures, and contexts and how they affect social interactions.
Civic Engagement	The ability to develop and apply knowledge, skills, and habits gained from experiences - within communities of diverse perspectives - to address issues, affect change, and/or solve problems
Global and Cultural Awareness	The ability to collaborate with individuals from diverse backgrounds and/or cultures to address national and global issues, and to develop complex, appropriate, and workable solutions.

Colorado Essential Skill Category: Empowered Individual

RELEVANT COLORADO ESSENTIAL SKILL	Empowered Individual
Self-Advocacy and Initiative	Self-Advocacy and Initiative: The ability to effectively communicate personal interests, desires, needs, and rights, and take action to request and/or acquire them.



Colorado Essential Skills by SWEAP-Related Skill:

## Decision-Making

### Colorado Essential Skill Category: Problem Solver

Generates, evaluates, and implements solutions to problems. A capable decision-maker can identify alternatives, think computationally, and weigh trade-offs to make well-reasoned decisions and solutions individually or in collaboration with others.

RELEVANT COLORADO ESSENTIAL SKILL	Problem Solver
Critical Thinking and Analysis	The ability to apply a deliberate process of identifying problems, gathering information, and weighing possible solutions, including: making choices rooted in understanding patterns, cause-and-effect relationships, and the impacts that a decision can have on the individual and others.



Colorado Essential Skills by SWEAP-Related Skill:  
**Identifying Balanced Solutions**

Colorado Essential Skill Category: Problem Solver

Generates, evaluates, and implements solutions to problems. A capable decision-maker can identify alternatives, think computationally, and weigh trade-offs to make well-reasoned decisions and solutions individually or in collaboration with others.

RELEVANT COLORADO ESSENTIAL SKILL	Problem Solver
Critical Thinking and Analysis	The ability to apply a deliberate process of identifying problems, gathering information, and weighing possible solutions, including: making choices rooted in understanding patterns, cause-and-effect relationships, and the impacts that a decision can have on the individual and others.
Creativity and Innovation	The ability to demonstrate curiosity and imagination through experimenting with new and emerging ideas.
Collaboration and Teamwork	The ability to work with individuals from diverse backgrounds to identify the goal of a team, understand roles and responsibilities, contribute by fulfilling those roles and responsibilities, and include all members of the team.
Adaptability and Flexibility	The ability to recognize emotional responses that differ from one's own and demonstrate a willingness to compromise to reach workable solutions.



Colorado Essential Skills by SWEAP-Related Skill:

## Taking Thoughtful Action

### Colorado Essential Skill Category: Empowered Individual

Empowered to make a difference by understanding strengths and limitations, acting on curiosity, taking leadership roles, demonstrating respect and responsibility, taking informed risks, and persisting in the face of challenges.

RELEVANT COLORADO ESSENTIAL SKILL	Empowered Individual
Self-Advocacy and Initiative	Self-Advocacy and Initiative: The ability to effectively communicate personal interests, desires, needs, and rights, and take action to request and/or acquire them.
Career Awareness	The ability to apply the knowledge and understanding of how one's dreams, experiences, and interests translate into career fulfillment and lifelong pursuits in local, regional, national, and global career pathways and opportunities
Perseverance and Resilience	The ability to endure and overcome challenges to achieve desired outcomes and in doing so, building the confidence to believe that one's abilities can improve over time with determination and continued effort.